



Find Love Safely — CDCS Service Overview

For Minnesota Case Managers

Purpose

This overview explains what Find Love Safely provides, how services are delivered, pricing (for reference), and how individual service components may be authorized under Minnesota Consumer Directed Community Supports (CDCS) as non-clinical, individualized supports.

What Find Love Safely Offers

Find Love Safely is a complete, safety-first relationship support ecosystem for adults with intellectual and developmental disabilities (IDD). Support spans a free online-safety tool, a self-guided learning app, live group education, and human-led matchmaking — so members can start wherever they are and grow over time.

ScamCheck™ — free

A free online-safety tool that helps members check suspicious messages and online interactions for scams, manipulation, and other red flags, with plain-language explanations and optional caregiver notifications.

Compass™ app — \$14.99/month

A self-guided relationship-learning platform members can use any time: interactive lessons on friendship, communication, boundaries, consent, and dating safety; recorded Virtual Workshops; coaching tools; and built-in ScamCheck. A low-cost, scalable way to build skills at one's own pace.

Virtual Workshops — \$89/month

Live, twice-monthly small-group sessions (45 minutes) on communication, friendship, boundaries, consent, online safety, and dating readiness. Includes full access to the Compass app.

Matchmaking — Core, Essentials, and Concierge

Human-led, compatibility-based matching with no open member-to-member messaging. The matchmaker finds the fit and sends each member the other's profile; members (or their families, when that is the chosen contact style) decide whether to reach out and connect. Every membership level includes quarterly check-ins and supported local events, and the Concierge level adds ongoing 1:1 coaching.

All services are human-led, supervised, and voluntary. Find Love Safely is not a dating app and does not provide psychotherapy, counseling, or medical treatment.

CDCS-Authorizable Service Components

Services may be authorized individually under CDCS based on the person's ISP goals.

1. Social Connection & Matching Support

- Human-led compatibility matching — matched members receive each other's profile and decide for themselves whether to reach out and connect
- Aligned with individual goals, preferences, and safety considerations
- No open or unsupervised member-to-member messaging

2. Relationship Education (Compass™ app and Virtual Workshops)

- Self-guided lessons in the Compass app, usable any time at the member's own pace

- Live small-group virtual workshops, 45 minutes, up to two per month
- Topics: friendship, communication, boundaries, consent, online safety, dating readiness

3. Online-Safety Support (ScamCheck™)

- Free tool to check suspicious messages for scams and manipulation
- Plain-language explanations and optional caregiver notifications
- Supports safety-related ISP goals at no cost

4. Quarterly Individualized Support Check-Ins (all membership tiers)

- 1:1 virtual check-ins via Zoom, quarterly, included at every membership level
- Administrative review of living situation, caregiver involvement, preferences, and goal/safety alignment
- Support-focused and administrative, not therapeutic

5. Structured Social Events & Supported Community Participation

- In-person or virtual social events when available
- Staff-supported participation focused on safe engagement and reducing isolation

6. Individualized Relationship Support Sessions (Optional / Case-by-Case)

- 1:1 virtual sessions, typically 60 minutes
- Reinforce relationship and communication skills; support social decision-making; clarify boundaries and consent
- Educational and skill-based, not psychotherapy or counseling
- Included in Concierge; optional add-on for Core and Essentials; CDCS authorization case-by-case

CDCS-Facing Service Comparison

Service Component	Core	Essentials	Concierge	CDCS-Authorizable
Compatibility matching & profile exchange	✓	✓	✓	✓
Compass™ app (self-guided learning + ScamCheck)	add-on	✓	✓	✓
Group relationship education (45-min workshops)	—	✓	✓	✓
Quarterly individualized support check-ins	✓	✓	✓	✓
Local structured social events (when available)	✓	✓	✓	✓
Ongoing 1:1 coaching	add-on	add-on	✓	case-by-case

ScamCheck™ is free and available to everyone; Compass™ app access is included with Essentials and Concierge and available as an add-on for Core.

Pricing (Private-Pay Reference)

For funding purposes, services are authorized as individual components rather than as a blanket membership. Standard private-pay pricing is shown for reference:

- **ScamCheck™:** free
- **Compass™ app:** \$14.99/month
- **Virtual Workshops:** \$89/month (includes Compass app)
- **Core Program (matchmaking):** \$59/month (3-month minimum)

- **Essentials Program:** \$129/month (3-month minimum)
- **Concierge Program:** \$259/month (3-month minimum)
- **Individualized 1:1 relationship support session (60 min, virtual):** \$150/session (included monthly in Concierge; optional add-on for other levels with approval)

Monthly membership billing: all memberships have a 3-month minimum — the first three months are billed together at enrollment (\$177 for Core; \$387 for Essentials; \$777 for Concierge); monthly billing begins in month 4.

How This Differs From Therapy or Coaching

- Educational and skill-based, not clinical
- Does not diagnose or treat mental health conditions
- Does not replace therapy, counseling, or medical services
- Complements clinical supports by addressing real-world social participation and safety

Sample ISP Goal Language

Support the individual in developing communication, social, and relationship skills through structured relationship education and supported social connection to reduce isolation and increase community participation.

Important Note

Inclusion of Find Love Safely as a CDCS support is determined by the case manager and must align with the individual's ISP goals and CDCS plan.

CDCS Case Manager FAQ

What is Find Love Safely?

A human-led, safety-first ecosystem supporting adults with IDD in building social connection and relationship skills — spanning the free ScamCheck tool, the Compass self-guided app, live workshops, and human-led matchmaking. Services are voluntary, educational, and supervised.

Is this therapy or clinical treatment?

No. Services are educational and skill-based and do not diagnose, treat, or replace therapy, counseling, or medical services.

How can services be authorized under CDCS?

As individual supports (not a blanket membership) when aligned with ISP goals such as community integration, relationship education, or supported participation.

What does it cost?

ScamCheck is free; Compass is \$14.99/month; Virtual Workshops \$89/month. Matchmaking is \$59/month for the Core Program, \$129/month for the Essentials Program, and \$259/month for the Concierge Program, each with a 3-month minimum (the first three months are billed together at enrollment). For CDCS, components are authorized individually based on ISP goals.

Safety features

No open messaging, human oversight of every match, consent and boundary education, ScamCheck online-safety screening, and supported participation.

Billing & next steps

Upon approval, the case manager authorizes services, the FMS provider coordinates payment, and Find Love Safely completes onboarding.