



Find Love Safely — Self-Determination Program (SDP) Service Overview

For Regional Centers & Independent Facilitators

Purpose

This overview explains what Find Love Safely provides, how services are delivered, pricing (for reference), and how services may be included in a participant's Self-Determination Program (SDP) spending plan as non-clinical, person-centered supports.

What Find Love Safely Offers

Find Love Safely is a complete, safety-first relationship support ecosystem for adults with intellectual and developmental disabilities (IDD). Support spans a free online-safety tool, a self-guided learning app, live group education, and human-led matchmaking — so members can start wherever they are and grow over time.

ScamCheck™ — free

A free online-safety tool that helps members check suspicious messages and online interactions for scams, manipulation, and other red flags, with plain-language explanations and optional caregiver notifications.

Compass™ app — \$14.99/month

A self-guided relationship-learning platform members can use any time: interactive lessons on friendship, communication, boundaries, consent, and dating safety; recorded Virtual Workshops; coaching tools; and built-in ScamCheck. A low-cost, scalable way to build skills at one's own pace.

Virtual Workshops — \$89/month

Live, twice-monthly small-group sessions (45 minutes) on communication, friendship, boundaries, consent, online safety, and dating readiness. Includes full access to the Compass app.

Matchmaking — Core, Essentials, and Concierge

Human-led, compatibility-based matching with no open member-to-member messaging. The matchmaker finds the fit and sends each member the other's profile; members (or their families, when that is the chosen contact style) decide whether to reach out and connect. Every membership level includes quarterly check-ins and supported local events, and the Concierge level adds ongoing 1:1 coaching.

All services are human-led, supervised, voluntary, and educational (not clinical). Find Love Safely is not a dating app and does not provide psychotherapy, counseling, or medical treatment.

How Services May Align With SDP

Under California's Self-Determination Program, participants may use individual budgets for services that support person-centered goals, increase independence and community integration, improve social and communication skills, and promote health and safety. Find Love Safely services are typically included under:

- Community Integration Supports
- Social & Recreational Skill Development
- Training & Education Services
- Supported Community Participation
- Individualized Non-Clinical Coaching

Authorization is determined by the participant's planning team and must align with their Individual Program Plan (IPP).

Core Service Components

1. Social Connection & Matching Support

- Human-led compatibility matching aligned with preferences, safety needs, and readiness
- Matched members receive each other's profile and decide for themselves whether to reach out and connect
- No open or unsupervised member-to-member messaging; caregiver transparency when applicable

2. Relationship Education (Compass™ app and Virtual Workshops)

- Self-guided lessons in the Compass app, usable any time at the participant's own pace
- Live small-group virtual workshops, 45 minutes, up to two per month
- Topics: friendship, communication, boundaries, consent, online safety, dating readiness, emotional skills

3. Online-Safety Support (ScamCheck™)

- Free tool to check suspicious messages for scams and manipulation, with plain-language explanations
- Supports health-and-safety goals at no cost to the participant's budget

4. Quarterly Individualized Support Check-Ins (all membership tiers)

- Quarterly 1:1 virtual check-ins included at every membership level
- Review of preferences, goals, caregiver involvement, and safety alignment
- Support-focused and administrative, not therapeutic

5. Structured Social Events & Supported Participation

- In-person or virtual social events (location-based), staff-supported
- Designed to promote safe community engagement and real-world practice

6. Individualized Support & Relationship Coaching (Optional)

- 1:1 virtual sessions, 60 minutes, tailored to the participant's goals
- Reinforce communication and boundary skills; prepare for social interactions; clarify consent and safety
- Educational and skill-based, not psychotherapy

Program Comparison

Service Component	Core	Essentials	Concierge	SDP-Alignable
Compatibility matching & profile exchange	✓	✓	✓	✓
Compass™ app (self-guided learning + ScamCheck)	add-on	✓	✓	✓
Group relationship education (45-min workshops)	—	✓	✓	✓
Quarterly individualized support check-ins	✓	✓	✓	✓
Local structured social events (when available)	✓	✓	✓	✓
Ongoing 1:1 coaching	add-on	add-on	✓	case-by-case

Pricing (Private-Pay Reference)

For funding purposes, services are authorized as individual components rather than as a blanket membership. Standard private-pay pricing is shown for reference:

- **ScamCheck™**: free
- **Compass™ app**: \$14.99/month
- **Virtual Workshops**: \$89/month (includes Compass app)
- **Core Program (matchmaking)**: \$59/month (3-month minimum)
- **Essentials Program**: \$129/month (3-month minimum)
- **Concierge Program**: \$259/month (3-month minimum)
- **Individualized 1:1 relationship support session (60 min, virtual)**: \$150/session (included monthly in Concierge; optional add-on for other levels with approval)

Monthly membership billing: all memberships have a 3-month minimum — the first three months are billed together at enrollment (\$177 for Core; \$387 for Essentials; \$777 for Concierge); monthly billing begins in month 4.

Final service scope and payment structure are determined within the participant's SDP spending plan.

How This Differs From Therapy

- Does not diagnose or treat mental health conditions
- Does not replace counseling or medical services
- Focuses on real-world social participation and safety
- Complements clinical services by reinforcing everyday skills

Safety Infrastructure

- No open member-to-member messaging platform
- Human oversight of every match
- ScamCheck online-safety screening and built-in consent and boundary education
- Structured event environments and clear response protocols

Example IPP Goal Alignment

- Increase safe social participation in the community
- Develop communication and relationship skills
- Improve understanding of boundaries and consent
- Reduce isolation and increase meaningful peer connections

Populations Served

Adults (18+) with intellectual and developmental disabilities, including autism spectrum disorder, Down syndrome, traumatic brain injuries, Fragile X syndrome, Prader-Willi syndrome, and other cognitive or developmental disabilities. Participants must be voluntarily interested in building friendships or romantic relationships.

Next Steps for SDP Participants

- Review this overview with your Independent Facilitator (IF) and Regional Center team
- Determine alignment with IPP goals
- Include services in the SDP spending plan
- If approved, the IF triggers FMS payment and Find Love Safely completes vendor onboarding